

Young Females											
Pos	Team Name	Time	Leg1	Athlete	Pos	Leg2	Athlete	Pos	Leg3	Athlete	Pos
1	Inverness Harriers AAC	28:33	9:55	Níamh Doorley	1	9:35	Anna Meek	1	9:03	Caitlyn Heggie	1
2	Inverness Harriers AAC	29:50	10:40	Rosie Conroy	2	10:12	Hannah Mackay	2	8:58	Katie Meek	2
3	Inverness Harriers AAC	32:25	10:59	Sophie Bertram	3	10:58	Aoibhe Doorley	3	10:28	Sky Simpson	3
4	Ross County Athletics Club	32:50	11:55	Sophie MacGruer	5	10:59	Tamara Bergman	4	9:56	Flora Sutherland	4
5	Stornoway Running & Athletics Club	33:20	13:05	Isla Macleod	7	11:05	Rowan Reid	6	9:10	Abbie Stewart	5
6	Ross County Athletics Club	35:06	12:02	Skye Tinney	6	11:40	Anna Fraser	5	11:24	Daisy Henry	6
7	Inverness Harriers AAC	38:00	11:21	Quinn Young	4	13:48	Isla Mackay	7	12:51	Rona Laird	7
8	Peterhead Athletics Club	38:25	13:14	Sophie Needs	8	12:59	Emma Steel	8	12:12	Charlotte Smart	8
9	Stornoway Running & Athletics Club	39:03	14:19	Maisie Smith	10	12:39	Alice Reid	9	12:05	Emily Murray	9
	Stornoway Running & Athletics Club		14:12	Rebecca Morrison	9						

Young Males											
Pos	Team Name	Time	Leg1	Athlete	Pos	Leg2	Athlete	Pos	Leg3	Athlete	Pos
1	Ross County Athletics Club	27:01	9:41	Callum Crawford	1	9:20	George Comisso	1	8:00	Andrew Baird	1
2	Ross County Athletics Club	27:26	9:50	Ben McNair	2	9:15	Jamie MacGruer	2	8:21	Noah Carson	2
3	Inverness Harriers AAC	28:34	10:25	Niall MacBean	4	9:32	Ewan Thompson	3	8:37	Angus Laird	3
4	Ross County Athletics Club	30:08	10:02	Fraser Hume	3	10:14	Ewan MacDonald	4	9:52	William Sendall	4
5	Moray Road Runners	30:30	11:28	Hugh Cumming	8	9:59	Alasdair Jenkins	6	9:03	Lewis Paterson	5
6	Stornoway Running & Athletics Club	30:44	11:16	Liam Rice	7	10:13	Ruairidh Cowan	7	9:15	Hector Neally	6
7	Moray Road Runners	30:53	11:08	Rhys Paterson	6	10:01	Darren Green	5	9:44	Connor Cameron	7
8	Stornoway Running & Athletics Club	31:23	11:34	Stewart Gordon	9	10:30	Jack Macleod	8	9:19	Coinneach Stewart	8
9	Peterhead Athletics Club	32:32	10:49	Jakob Whitham	5	11:37	Euan Steel	9	10:06	Finley Collins	9

Senior and Masters Women											
Pos	Team Name	Time	Leg1	Athlete	Pos	Leg2	Athlete	Pos	Leg3	Athlete	Pos
1	Moray Road Runners	42:32	14:02	Katie Anderson	1	14:12	Katja Blunden	1	14:18	Gemma Cormack	1
2	Inverness Harriers AAC	44:53	15:09	Asiya Cunningham	5	15:21	Rachel Gillies	2	14:23	Catriona Fraser-Lennox	2
3	JSK Running Club	45:36	14:21	Tammy Wilson	3	16:38	Amanda Stuart	3	14:37	Emma Murray	3
4	Forres Harriers	47:16	15:34	Siobhan Evans	6	15:44	Hilary Cameron	6	15:58	Kasia Klonowska	4
5	Inverness Harriers AAC V40	47:26	14:29	Lesley Hansen	4	16:31	Alison MacDonald	4	16:26	Kellie Calder	5
6	Highland Hill Runners V40	47:29	14:11	Sarah Attwood	2	17:01	Lorraine Coull	5	16:17	Iona Robertson	6
7	Moray Road Runners V40	48:44	16:20	Susan Mcnairney	8	16:46	Karen Norvell	8	15:38	Michelle Slater	7
8	Stornoway Running & Athletics Club	48:50	16:15	Martha Hamilton	7	17:53	Anna Hulme	11	14:42	Muriel Macleod	8
9	Moray Road Runners	49:30	17:15	Grace Jenkins	12	16:35	Niketa Cruickshank	10	15:40	Jessica Haworth	9
10	Forres Harriers V40	49:40	16:24	Carrie-Ann Ward	9	16:30	Susan McRitchie	7	16:46	Paula Boon	10
11	Nairn RR A	49:53	16:34	Zdenka Fraser	10	17:03	Joanne Wilson	9	16:16	Rachel Mccuaig	11
12	Forres Harriers V40	53:22	17:24	Katy Beck	13	18:25	Keri Cleaver	14	17:33	Jennifer Urquhart	12
13	Highland Hill Runners	53:49	16:56	Gail Macleod	11	18:49	Rebecca McKenzie	13	18:04	Calea Souter	13
14	Ross County Athletics Club V40	53:57	20:20	Melanie Carson	19	17:12	Karen Crawford	18	16:25	Kate Comisso	14
15	Forres Harriers	54:20	17:49	Katrina Rowe	15	18:41	Nicola Blair	15	17:50	Tilia Maas Geesteranus	15
16	Peterhead Athletics Club V40	54:44	18:06	Linda McGee	16	18:37	Barbara Anne Needs	16	18:01	Susan Strachan	16
17	Moray Road Runners V40	54:55	17:39	Gillian McAllan	14	17:58	Anne Hewes	12	19:18	Elspeth Jenkins	17
18	Forres Harriers V40	55:36	19:08	Ros Wright	17	18:04	Elizabeth Barr	17	18:24	Clare Nicholas	18
19	Moray Road Runners	58:37	20:24	Charlotte Cormack	20	19:58	Carolyn Rattray	20	18:15	Hannah Stephen	19
20	JSK Running Club V40	59:22	21:20	Morag Gerrard	21	19:09	Rachel Paterson	21	18:53	Christina Camillo	20
21	Moray Road Runners V40	1:01:11	19:45	Amanda Strang	18	20:31	Cathy Donegan	19	20:55	Sally Bruce	21
22	Moray Road Runners V40	1:05:31	22:09	Donna Richardson	22	21:56	Julie Laing	22	21:26	Janice Mackay	22

Masters Women											
Pos	Team Name	Time	Leg1	Athlete	Pos	Leg2	Athlete	Pos	Leg3	Athlete	Pos
1	Inverness Harriers AAC V40	47:26	14:29	Lesley Hansen	2	16:31	Alison MacDonald	1	16:26	Kellie Calder	1
2	Highland Hill Runners V40	47:29	14:11	Sarah Attwood	1	17:01	Lorraine Coull	2	16:17	Iona Robertson	2
3	Moray Road Runners V40	48:44	16:20	Susan McNairney	3	16:46	Karen Norvell	4	15:38	Michelle Slater	3
4	Forres Harriers V40	49:40	16:24	Carrie-Ann Ward	4	16:30	Susan McRitchie	3	16:46	Paula Boon	4
5	Forres Harriers V40	53:22	17:24	Katy Beck	5	18:25	Keri Cleaver	6	17:33	Jennifer Urquhart	5
6	Ross County Athletics Club V40	53:57	20:20	Melanie Carson	10	17:12	Karen Crawford	9	16:25	Kate Comisso	6
7	Peterhead Athletics Club V40	54:44	18:06	Linda McGee	7	18:37	Barbara Anne Needs	7	18:01	Susan Strachan	7
8	Moray Road Runners V40	54:55	17:39	Gillian McAllan	6	17:58	Anne Hewes	5	19:18	Elspeth Jenkins	8
9	Forres Harriers V40	55:36	19:08	Ros Wright	8	18:04	Elizabeth Barr	8	18:24	Clare Nicholas	9
10	JSK Running Club V40	59:22	21:20	Morag Gerrard	11	19:09	Rachel Paterson	11	18:53	Christina Camillo	10
11	Moray Road Runners V40	1:01:11	19:45	Amanda Strang	9	20:31	Cathy Donegan	10	20:55	Sally Bruce	11
12	Moray Road Runners V40	1:05:31	22:09	Donna Richardson	12	21:56	Julie Laing	12	21:26	Janice Mackay	12

Senior and Masters Men														
Pos	Team Name	Time	Leg1	Athlete	Pos	Leg2	Athlete	Pos	Leg3	Athlete	Pos	Leg4	Athlete	Pos
1	East Sutherland AC	47:03	11:38	Finlay Murray	1	12:00	Ruairidh Gollan	1	12:23	Alasdair Coupar	1	11:02	Ross Gollan	1
2	Moray Road Runners	49:15	12:12	Kenny Wilson	2	12:08	James Wilson	2	12:53	Colin McRae	2	12:02	Ben Livesey	2
3	Inverness Harriers AAC	51:13	12:24	Donnie Macdonald	4	13:45	Paul Paterson	3	13:31	Peter Fraser	3	11:33	Stephen Mackay	3
4	Highland Hill Runners V40	53:34	13:17	Ryan McKenzie	5	13:33	Robbie Paterson	4	13:32	Graeme Brown	4	13:12	Francisco Javier Cabrera Valdes	4
5	Moray Road Runners V40	54:43	13:18	Gareth Jenkins	6	14:17	Graham Stephen	6	14:32	Stephen Carmichael	6	12:36	Matthew Blunden	5
6	Highland Hill Runners V40	54:46	13:56	Gavin Whiteside	7	13:45	William Nicolson	7	14:29	Fraser Mackintosh	7	12:36	Daniel Rowe-Leete	6
7	Inverness Harriers AAC	56:08	14:18	Caleb Macleod	9	14:07	Grant Hassan	8	14:25	Thomas Burnett	8	13:18	Robin Burnett	7
8	Moray Road Runners	56:22	14:06	Gary McKay	8	13:21	Alistair MacWilliam	5	14:39	Callum Shand	5	14:16	Scott Phimister	8
9	Forres Harriers	58:29	12:22	Bruce Evans	3	16:41	Simon Dobbs	9	15:00	Colin Hall	9	14:26	Robert Paterson	9
10	Peterhead Athletics Club V40	58:32	14:22	David Fraser	11	15:07	Graham Steele	10	15:07	Richard Masson	10	13:56	David Horne	10
11	Moray Road Runners V40	1:02:20	14:38	Kevin Morice	14	15:30	Colin Cumming	11	16:12	Simon Macdonald	12	16:00	Kenneth MacRae	11
12	Inverness Harriers AAC V40	1:02:38	14:19	Jonny Macleod	10	17:55	Alex Sutherland	16	15:05	Tom McWilliam	13	15:19	Stuart Macculloch	12
13	JSK Running Club V40	1:02:44	15:23	Stephen Simpson	16	14:48	Russell Whyte	12	15:29	Drew McLelland	11	17:04	Greig Cruickshank	13
14	Nairn Road Runners	1:04:55	15:53	Steven McClatchey	17	20:15	David Burton	17	14:40	Stuart Thompson	16	14:07	Stuart Prentice	14
15	JSK Running Club	1:05:06	14:23	James Rayne	12	17:11	Peter Mutch	15	18:36	Gavin Milne	15	14:56	Kevin Milne	15
16	Moray Road Runners	1:05:17	14:53	Stuart Dalgarno	15	16:04	Euan Cantlie	14	18:44	Andrew Michael Donegan	14	15:36	John Devine	16
	Moray Road Runners		14:34	Colin Green	13	15:55	Kevin Morrison	13						
	JSK Running Club V40		17:53	Jamie Walker	18									

Masters Men														
Pos	Team Name	Time	Leg1	Athlete	Pos	Leg2	Athlete	Pos	Leg3	Athlete	Pos	Leg4	Athlete	Pos
1	Highland Hill Runners V40	53:34	13:17	Ryan McKenzie	1	13:33	Robbie Paterson	1	13:32	Graeme Brown	1	13:12	Francisco Javier Cabrera Valdes	1
2	Moray Road Runners V40	54:43	13:18	Gareth Jenkins	2	14:17	Graham Stephen	2	14:32	Stephen Carmichael	2	12:36	Matthew Blunden	2
3	Highland Hill Runners V40	54:46	13:56	Gavin Whiteside	3	13:45	William Nicolson	3	14:29	Fraser Mackintosh	3	12:36	Daniel Rowe-Leete	3
4	Peterhead Athletics Club V40	58:32	14:22	David Fraser	5	15:07	Graham Steele	4	15:07	Richard Masson	4	13:56	David Horne	4
5	Moray Road Runners V40	1:02:20	14:38	Kevin Morice	6	15:30	Colin Cumming	5	16:12	Simon Macdonald	6	16:00	Kenneth MacRae	5
6	Inverness Harriers AAC V40	1:02:38	14:19	Jonny Macleod	4	17:55	Alex Sutherland	7	15:05	Tom McWilliam	7	15:19	Stuart Macculloch	6
7	JSK Running Club V40	1:02:44	15:23	Stephen Simpson	7	14:48	Russell Whyte	6	15:29	Drew McLelland	5	17:04	Greig Cruickshank	7
	JSK Running Club V40		17:53	Jamie Walker	8	15:41								

Young Females Fastest Legs

Rank	Leg1	Athlete	Team Name
1	9:55	Níamh Doorley	Inverness Harriers AAC
2	10:40	Rosie Conroy	Inverness Harriers AAC
3	10:59	Sophie Bertram	Inverness Harriers AAC
4	11:21	Quinn Young	Inverness Harriers AAC
5	11:55	Sophie MacGruer	Ross County Athletics Club
6	12:02	Skye Tinney	Ross County Athletics Club
7	13:05	Isla Macleod	Stornoway Running & Athletics Club
8	13:14	Sophie Needs	Peterhead Athletics Club
9	14:12	Rebecca Morrison	Stornoway Running & Athletics Club
10	14:19	Maisie Smith	Stornoway Running & Athletics Club

Rank	Leg2	Athlete	Team Name
1	9:35	Anna Meek	Inverness Harriers AAC
2	10:12	Hannah Mackay	Inverness Harriers AAC
3	10:58	Aoibhe Doorley	Inverness Harriers AAC
4	10:59	Tamara Bergman	Ross County Athletics Club
5	11:05	Rowan Reid	Stornoway Running & Athletics Club
6	11:40	Anna Fraser	Ross County Athletics Club
7	12:39	Alice Reid	Stornoway Running & Athletics Club
8	12:59	Emma Steel	Peterhead Athletics Club
9	13:48	Isla Mackay	Inverness Harriers AAC

Rank	Leg3	Athlete	Team Name
1	8:58	Katie Meek	Inverness Harriers AAC
2	9:03	Caitlyn Heggie	Inverness Harriers AAC
3	9:10	Abbie Stewart	Stornoway Running & Athletics Club
4	9:56	Flora Sutherland	Ross County Athletics Club
5	10:28	Sky Simpson	Inverness Harriers AAC
6	11:24	Daisy Henry	Ross County Athletics Club
7	12:05	Emily Murray	Stornoway Running & Athletics Club
8	12:12	Charlotte Smart	Peterhead Athletics Club
9	12:51	Rona Laird	Inverness Harriers AAC

Young Males			
Rank	Leg1	Athlete	Team Name
1	9:41	Callum Crawford	Ross County Athletics Club
2	9:50	Ben McNair	Ross County Athletics Club
3	10:02	Fraser Hume	Ross County Athletics Club
4	10:25	Niall MacBean	Inverness Harriers AAC
5	10:49	Jakob Whitham	Peterhead Athletics Club
6	11:08	Rhys Paterson	Moray Road Runners
7	11:16	Liam Rice	Stornoway Running & Athletics Club
8	11:28	Hugh Cumming	Moray Road Runners
9	11:34	Stewart Gordon	Stornoway Running & Athletics Club

Rank	Leg2	Athlete	Team Name
1	9:15	Jamie MacGruer	Ross County Athletics Club
2	9:20	George Comisso	Ross County Athletics Club
3	9:32	Ewan Thompson	Inverness Harriers AAC
4	9:59	Alasdair Jenkins	Moray Road Runners
5	10:01	Darren Green	Moray Road Runners
6	10:13	Ruairidh Cowan	Stornoway Running & Athletics Club
7	10:14	Ewan MacDonald	Ross County Athletics Club
8	10:30	Jack Macleod	Stornoway Running & Athletics Club
9	11:37	Euan Steel	Peterhead Athletics Club

Rank	Leg3	Athlete	Team Name
1	8:00	Andrew Baird	Ross County Athletics Club
2	8:21	Noah Carson	Ross County Athletics Club
3	8:37	Angus Laird	Inverness Harriers AAC
4	9:03	Lewis Paterson	Moray Road Runners
5	9:15	Hector Neally	Stornoway Running & Athletics Club
6	9:19	Coinneach Stewart	Stornoway Running & Athletics Club
7	9:44	Connor Cameron	Moray Road Runners
8	9:52	William Sendall	Ross County Athletics Club
9	10:06	Finley Collins	Peterhead Athletics Club

Senior and Masters Women Fastest Legs				
Pos	Time	Athlete	Team Name	Leg
1	14:02	Katie Anderson	Moray Road Runners	1
2	14:11	Sarah Attwood	Highland Hill Runners V40	1
3	14:12	Katja Blunden	Moray Road Runners	2
4	14:18	Gemma Cormack	Moray Road Runners	3
5	14:21	Tammy Wilson	JSK Running Club	1
6	14:23	Catriona Fraser-Lennox	Inverness Harriers AAC	3
7	14:29	Lesley Hansen	Inverness Harriers AAC V40	1
8	14:37	Emma Murray	JSK Running Club	3
9	14:42	Muriel Macleod	Stornoway Running & Athletics Club	3
10	15:09	Asiya Cunningham	Inverness Harriers AAC	1
11	15:21	Rachel Gillies	Inverness Harriers AAC	2
12	15:34	Siobhan Evans	Forres Harriers	1
13	15:38	Michelle Slater	Moray Road Runners V40	3
14	15:40	Jessica Haworth	Moray Road Runners	3
15	15:44	Hilary Cameron	Forres Harriers	2
16	15:58	Kasia Klonowska	Forres Harriers	3
17	16:15	Martha Hamilton	Stornoway Running & Athletics Club	1
18	16:16	Rachel Mccuaig	Nairn RR A	3
19	16:17	Iona Robertson	Highland Hill Runners V40	3
20	16:20	Susan McNairney	Moray Road Runners V40	1
21	16:24	Carrie-Ann Ward	Forres Harriers V40	1
22	16:25	Kate Comisso	Ross County Athletics Club V40	3
23	16:26	Kellie Calder	Inverness Harriers AAC V40	3
24	16:30	Susan McRitchie	Forres Harriers V40	2
25	16:31	Alison MacDonald	Inverness Harriers AAC V40	2
26	16:34	Zdenka Fraser	Nairn RR A	1
27	16:35	Niketa Cruickshank	Moray Road Runners	2
28	16:38	Amanda Stuart	JSK Running Club	2
29	16:46	Karen Norvell	Moray Road Runners V40	2
29	16:46	Paula Boon	Forres Harriers V40	3
31	16:56	Gail Macleod	Highland Hill Runners	1
32	17:01	Lorraine Coull	Highland Hill Runners V40	2
33	17:03	Joanne Wilson	Nairn RR A	2
34	17:12	Karen Crawford	Ross County Athletics Club V40	2
35	17:15	Grace Jenkins	Moray Road Runners	1
36	17:24	Katy Beck	Forres Harriers V40	1
37	17:33	Jennifer Urquhart	Forres Harriers V40	3
38	17:39	Gillian McAllan	Moray Road Runners V40	1
39	17:49	Katrina Rowe	Forres Harriers	1
40	17:50	Tilia Maas Geesteranus	Forres Harriers	3
41	17:53	Anna Hulme	Stornoway Running & Athletics Club	2
42	17:58	Anne Hewes	Moray Road Runners V40	2
43	18:01	Susan Strachan	Peterhead Athletics Club V40	3
44	18:04	Elizabeth Barr	Forres Harriers V40	2
44	18:04	Calea Souter	Highland Hill Runners	3
46	18:06	Linda McGee	Peterhead Athletics Club V40	1
47	18:15	Hannah Stephen	Moray Road Runners	3
48	18:24	Clare Nicholas	Forres Harriers V40	3
49	18:25	Keri Cleaver	Forres Harriers V40	2
50	18:37	Barbara Anne Needs	Peterhead Athletics Club V40	2
51	18:41	Nicola Blair	Forres Harriers	2
52	18:49	Rebecca McKenzie	Highland Hill Runners	2
53	18:53	Christina Camillo	JSK Running Club V40	3
54	19:08	Ros Wright	Forres Harriers V40	1
55	19:09	Rachel Paterson	JSK Running Club V40	2
56	19:18	Elspeth Jenkins	Moray Road Runners V40	3
57	19:45	Amanda Strang	Moray Road Runners V40	1
58	19:58	Carolyn Rattray	Moray Road Runners	2
59	20:20	Melanie Carson	Ross County Athletics Club V40	1
60	20:24	Charlotte Cormack	Moray Road Runners	1
61	20:31	Cathy Donegan	Moray Road Runners V40	2
62	20:55	Sally Bruce	Moray Road Runners V40	3
63	21:20	Morag Gerrard	JSK Running Club V40	1
64	21:26	Janice Mackay	Moray Road Runners V40	3
65	21:56	Julie Laing	Moray Road Runners V40	2
66	22:09	Donna Richardson	Moray Road Runners V40	1

Senior and Masters Men Fastest Legs				
Pos	Time	Athlete	Team Name	Leg
1	11:02	Ross Gollan	East Sutherland AC	4
2	11:33	Stephen Mackay	Inverness Harriers AAC	4
3	11:38	Finlay Murray	East Sutherland AC	1
4	12:00	Ruairidh Gollan	East Sutherland AC	2
5	12:02	Ben Livesey	Moray Road Runners	4
6	12:08	James Wilson	Moray Road Runners	2
7	12:12	Kenny Wilson	Moray Road Runners	1
8	12:22	Bruce Evans	Forres Harriers	1
9	12:23	Alasdair Coupar	East Sutherland AC	3
10	12:24	Donnie Macdonald	Inverness Harriers AAC	1
11	12:36	Matthew Blunden	Moray Road Runners V40	4
11	12:36	Daniel Rowe-Leete	Highland Hill Runners V40	4
13	12:53	Colin McRae	Moray Road Runners	3
14	13:12	Francisco Javier Cabrera Valdes	Highland Hill Runners V40	4
15	13:17	Ryan McKenzie	Highland Hill Runners V40	1
16	13:18	Gareth Jenkins	Moray Road Runners V40	1
16	13:18	Robin Burnett	Inverness Harriers AAC	4
18	13:21	Alistair MacWilliam	Moray Road Runners	2
19	13:31	Peter Fraser	Inverness Harriers AAC	3
20	13:32	Graeme Brown	Highland Hill Runners V40	3
21	13:33	Robbie Paterson	Highland Hill Runners V40	2
22	13:45	Paul Paterson	Inverness Harriers AAC	2
22	13:45	William Nicolson	Highland Hill Runners V40	2
24	13:56	Gavin Whiteside	Highland Hill Runners V40	1
24	13:56	David Horne	Peterhead Athletics Club V40	4
26	14:06	Gary McKay	Moray Road Runners	1
27	14:07	Grant Hassan	Inverness Harriers AAC	2
27	14:07	Stuart Prentice	Nairn Road Runners	4
29	14:16	Scott Phimister	Moray Road Runners	4
30	14:17	Graham Stephen	Moray Road Runners V40	2
31	14:18	Caleb Macleod	Inverness Harriers AAC	1
32	14:19	Jonny Macleod	Inverness Harriers AAC V40	1
33	14:22	David Fraser	Peterhead Athletics Club V40	1
34	14:23	James Rayne	JSK Running Club	1
35	14:25	Thomas Burnett	Inverness Harriers AAC	3
36	14:26	Forres Harriers Leg4	Forres Harriers	4
37	14:29	Fraser Mackintosh	Highland Hill Runners V40	3
38	14:32	Stephen Carmichael	Moray Road Runners V40	3
39	14:34	Colin Green	Moray Road Runners	1
40	14:38	Kevin Morice	Moray Road Runners V40	1
41	14:39	Callum Shand	Moray Road Runners	3
42	14:40	Stuart Thompson	Nairn Road Runners	3
43	14:48	Russell Whyte	JSK Running Club V40	2
44	14:53	Stuart Dalgarno	Moray Road Runners	1
45	14:56	Kevin Milne	JSK Running Club	4
46	15:00	Colin Hall	Forres Harriers	3
47	15:05	Tom McWilliam	Inverness Harriers AAC V40	3
48	15:07	Graham Steele	Peterhead Athletics Club V40	2
48	15:07	Richard Masson	Peterhead Athletics Club V40	3
50	15:19	Stuart Macculloch	Inverness Harriers AAC V40	4

Senior and Masters Men Fastest Legs				
Pos	Time	Athlete	Team Name	Leg
51	15:23	Stephen Simpson	JSK Running Club V40	1
52	15:29	Drew McLelland	JSK Running Club V40	3
53	15:30	Colin Cumming	Moray Road Runners V40	2
54	15:36	John Devine	Moray Road Runners	4
55	15:53	Steven McClatchey	Nairn Road Runners	1
56	15:55	Kevin Morrison	Moray Road Runners	2
57	16:00	Kenneth MacRae	Moray Road Runners V40	4
58	16:04	Euan Cantlie	Moray Road Runners	2
59	16:12	Simon Macdonald	Moray Road Runners V40	3
60	16:41	Simon Dobbs	Forres Harriers	2
61	17:04	Greig Cruickshank	JSK Running Club V40	4
62	17:11	Peter Mutch	JSK Running Club	2
63	17:53	Jamie Walker	JSK Running Club V40	1
64	17:55	Alex Sutherland	Inverness Harriers AAC V40	2
65	18:36	Gavin Milne	JSK Running Club	3
66	18:44	Andrew Michael Donegan	Moray Road Runners	3
67	20:15	David Burton	Nairn Road Runners	2